

# Discover how Aeroflow Sleep uses cutting-edge AI technology to impact patient care and improve outcomes

Aeroflow Sleep's mission is to help patients sleep well and live better by providing resources, services, and the PAP equipment and supplies needed to easily navigate the sleep apnea journey.

## The Challenge

A major challenge for Aeroflow is ensuring that patients achieve 90-day compliance. Providing clinical support to help patients reach this goal is a top priority for their sleep coaching team.

### The Solution

To support these efforts, Aeroflow partnered with EnsoData in early 2024 to integrate EnsoTherapy, an AI-powered PAP therapy adherence prediction model into their workflow. This technology equips Aeroflow sleep coaches with actionable data to provide personalized support to patients struggling with therapy adherence.



### The Result

Aeroflow achieved **three key outcomes** by implementing EnsoTherapy AI-powered PAP therapy adherence support:



Increased overall 90-day adherence by 8% across the Aeroflow patient population

Decreased the average days to achieve adherence by 25% from 40 days to 30 days





Increased the number of active patients by 23% without adding any new sleep coaches

# What does Aeroflow Sleep say about EnsoTherapy?

"Through EnsoData's AI-powered technology, our team has already witnessed significant improvements in our ability to promptly deliver personalized support to the patients in greatest need. Compliance holds a deeper significance for us beyond mere numerical targets; it embodies our commitment to fostering improved health outcomes for our patients. EnsoTherapy unquestionably contributes to this mission."

Joey Sasvari, Director of Sleep, Aeroflow

"EnsoTherapy has helped with prioritizing the patients that are needing the help the most. It has been very beneficial with being able to get to patients who need our help quickly."

Chelsea, Sleep Coach, Aeroflow

"I was hesitant initially but it has truly changed the way I look at CPAP/BIPAP compliance. I love the prioritization of patients that streamlines our workload. We can focus on the patients that need more help. I also appreciate the way it is broken into different tasks. I believe it helps not only the patients but Aeroflow. Different data points aligned with the tasks has helped us spot areas with our approach that need to be addressed or expanded."

Sam, Sleep Coach, Aeroflow





